



Workplace Wellness

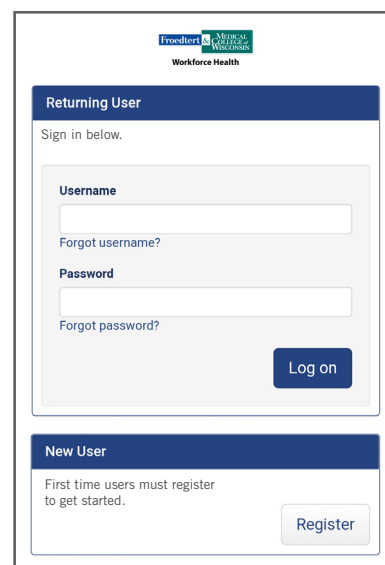
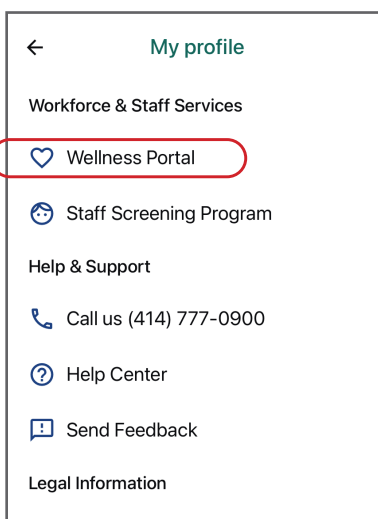
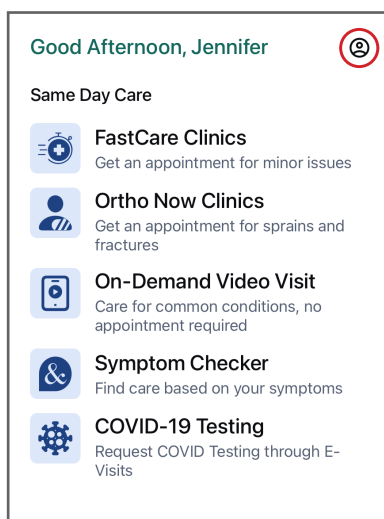
Wellness Is In Your Hands



Access the Workforce Health Wellness Portal Through the App

Download the Froedtert & MCW app to access the Workforce Health Wellness Portal. Follow these steps to log in.*

1. Launch the App
2. Click the Menu to open “My profile”
3. Under the “Workforce Health” section, click “Wellness Portal.”
4. Log into the Wellness Portal or register if a new user.



If you're a **returning visitor**, log in to the Wellness Portal with your username and password.

If you're a **new user**, use our company code and user ID to create a profile.

Our Company Code: 0063

User ID: Use your your 8-digit UMR Member ID (Spouse: Use employee's 8-digit UMR Member ID plus SP (ex. 12345678SP)).

Need Assistance? Contact Workforce Health at 414-777-5890. Monday-Friday, 7:30 a.m. - 4:30 p.m.
To access the Wellness Portal on your computer, go to www.workforcehealth.org/Hartford.



Workforce Health

*Images and text may appear differently depending upon app version and device.