

INDOOR POOL UPDATE

Signicast Family Aquatic Center * Recreation Center
125 N. Rural St., Hartford * 262-670-3730

AS OF SEPTEMBER 5

Therapy Pool Hours

Membership or Daily Admission Required

Monday	8:00 AM – 1:00 PM
Tuesday	9:30 AM – 1:30 AM 5:00 PM – 7:00 PM
Wednesday	6:00 AM – 9:00 AM 10:00 AM – 1:30 PM
Thursday	11:45 AM – 1:30 PM 5:00 PM – 7:00 PM
Friday	6:00 AM – 9:00 AM 10:00 AM – 1:30 PM
Saturday	10:30 AM – 1:00 PM

Tot Time in the Therapy Pool

Thursday 9:30 AM – 11:30 AM
Membership or Daily Admission Required

Water Fitness in the Therapy Pool

Wednesday & Friday, 9:15 AM – 10:00 AM

This unique class is designed to give you a functional workout to benefit your balance, range of motion and core strength while strengthening the muscles of the entire body.

Class is limited to 10 participants. You may call starting on Monday of the week to reserve a spot in either or both classes for the week. Water Aerobic Punches eligible. Silver Sneaker eligible. Or \$8/\$10 drop in.

If you do not come to the class when you have reserved a spot, you will still be charged for the class.

Lap Lanes / Leisure Pool Tentative Re-Open Date – November 1

Due to a lighting issue, the Lap Lane/Leisure Pool will not be open. Tentative Re-Open Date is November 1st.
Stay tuned for updates!

Swim Lessons – Please call for an Updated Schedule for Session 1